



MAKE A CHOICE

FOR A HEALTHIER LIFE

TEXT **LIFE** TO 600400
TO SEE IF YOU'RE AT RISK
FOR PREDIABETES.

*By texting LIFE, you consent to receive communications from the Make a Choice Referral Hub.
They may contact you from different numbers. You can text STOP to cancel at any time.*

MAKEACHOICE.ORG

EAT HEALTHY. BE ACTIVE. LIVE.