

TFAE RACE EARLY BIRD REGISTRATION FORM

Pre-registration rate age 5-17=\$15 & over 17=\$25 Expires 4/15/23. Must be postmarked 4/15/23. Race is 5/13/23! No Refunds

Every RACE participant must complete and sign a registration form. Please print.

Last Name First Name

Mailing Address City State Zip Code

Telephone Number (including area code) Age Gender (Male/Female)



Email Address

1. Check each event that you will participate in: 5K Run for Excellence
(For participation in any of the listed events, only 1 registration form is necessary.)
2. Check one category: Adult Student (5-20 years) Child (4 and under-no charge)
3. T-Shirt Size: Adult: S M L XL XXL XXXL
(add \$2.00 to registration fee for XXL & XXXL t-shirts.)

Mail check and completed form to:
TFAE 5K
PO Box 1503
Houma, LA 70361

OR

Form and fee may be delivered to:
7910 Main Street Suite 444
M-F 7:30am-4:30pm

LIABILITY WAIVER MUST BE SIGNED BEFORE MAILING: In consideration of acceptance of this race entry, I, the undersigned, intending to be legally bound, hereby, for myself, children whose name appear above, executors and administrators, waive and release any and all rights and claims for damages I, or they, may have against the Terrebonne Foundation for Academic Excellence in Public Education, it's officers and directors, any race officials, any associated sponsors, their representatives, successors, and assigns for any injuries suffered by me or them in said event. I attest and verify that I will participate in this event as an entrant, that I am physically fit and have sufficiently trained for the completion of this event. I assume all risks to myself and to my minor child named above, associated with running, walking, or otherwise participating in this event including, but not limited to: falls, contact with other participants, the affects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I agree to abide by any decisions of a race official relative to my ability to safely complete the run or walk. I hereby grant permission for any officials associated with the event to use any photographs, motion pictures, or recordings of said event as they see fit.

Signature (parent or guardian if under 18) Date



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