



Since 1971 the Lancer Club has played an active role in enhancing the overall quality of programs at Mount Marty College. The Club has assisted with raising money for athletic scholarships, promoted athletic events and sponsored social events to foster interaction between club members, Yankton community, student-athletes, parents and Mount Marty College staff and coaches. Join our team today through your gifts, your game attendance and participation in Lancer Club activities. Support your home team! Call us at 668-1542 for more information.

ACADEMIC PROGRAMS

BACHELOR DEGREE PROGRAMS

Accounting*
 Biology*
 Business Administration*
 Banking/Finance
 Health Care Administration
 Management
 Chemistry*
 Criminal Justice*
 Education
 Elementary Education (K-8)
 Secondary Education (7-12)
 Biology
 Chemistry
 English
 History
 Mathematics
 Music Education (K-12)
 Physical Education (K-12)
 Special Education
 (K-12, in addition to another program)
 English*
 Literature
 Writing
 Exercise Wellness
 Athletic Training
 Physical Exercise & Wellness
 Forensic Science

ASSOCIATE DEGREE PROGRAMS

Accounting
 Business Administration
 Criminal Justice

CERTIFICATE PROGRAM

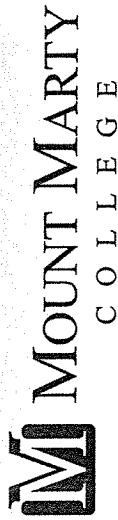
Interdisciplinary Studies
 Paraprofessionalism

GRADUATE DEGREE PROGRAMS

Education Curriculum and Instruction
 Master of Science in Nursing
 Psychiatric Mental Health
 Nurse Practitioner
 Doctor of Nurse Anesthesia
 Master of Education

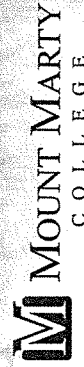
MMC MISSION STATEMENT

Mount Marty College, an academic community in the Catholic Benedictine liberal arts tradition, prepares students for a contemporary world of work, service to the human community and personal growth.



AUGUST 18, 2018

Historic Downtown - Yankton, SD



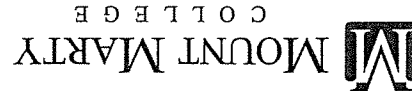
1105 W. 8th St. • Yankton, SD 57078
 1-855-MtMarty (686-2789) • www.mtmc.edu

Proceeds benefit the student athletes of Mount Marty College.

THANK YOU FOR YOUR SUPPORT OF
 MOUNT MARTY COLLEGE LANCER ATHLETICS



1105 W. 8th St. • Yankton, SD 57078





RACE-DAY REGISTRATION:

5K Walk: 6:45 a.m. - 7:10 a.m.
 5K Run: 6:45 a.m. - 8:00 a.m.
 3rd & Capital, Historic Downtown Yankton

PACKET PICK UP:

Race Day - 6:45 a.m. to 8:00 a.m.
 3rd & Capital, Historic Downtown Yankton

RACE TIME:

5K Walk Start Time - 7:15 a.m.
 5K Run Start Time - 8:15 a.m.

COURSE LAYOUT:

Out and back, flat course starting and finishing at the intersection 3rd & Capital.

PARKING:

Due to the Riverboat Days Parade and displays in Riverside Park, parking spaces will be difficult to find near the start/finish area. Please keep that in mind when planning your arrival time before the race.

HIGH SCHOOL RUNNERS:

Check with your coach before racing. Most high school rules do NOT allow you to participate in road races if you are in cross-country.

AWARDS CEREMONY:

Awards will be given at 9:15 a.m. in the parking lot adjacent to the start/finish line.

AWARDS:

5K Walk: Non-competitive event with T-shirts given.
 5K Run: Awards to top 3 finishers in each age group along with a T-shirt.

ENTRY FEE:

Pre-Registered By July 31: \$20
 After July 31: \$25
 Race Day: \$30

*Make Checks Payable To: MMC 5K RUN/WALK

MAIL REGISTRATION TO:

Randy Fischer, 5K Run/Walk Director
 1105 West 8th St. Yankton, SD 57078
 (605) 270-2066 • randall.fischer@mtmc.edu

ONLINE REGISTRATION UNTIL AUGUST 16TH AT:

www.allsportrunning.com

REGISTRATION FORM ALSO AVAILABLE ONLINE AT:

www.riverboatdays.com

ENTRY FORM (one entry per participant, please)

GENDER: F M

RACE: 5K RUN 5K WALK

PROJECTED TIME: _____

AGE (as of 8/18/18): _____

AGE GROUP: (check one)

- 12 & Under 13-19 20-29
- 30-39 40-49 50-59
- 60-69 70-79 80+

PARTICIPATION FEE: (check one)

- \$20 (by 7/31) \$25 (8/1 - 8/16) \$30 (8/18 - Race Day)
- T-SHIRT: (check one) S M L XL XXL

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

PHONE: _____

EMAIL: _____

Make checks payable to: MMC 5K Run/Walk

Participation Waiver **MUST** be read and signed:

In consideration of my entry, I, intending to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims, which I may hereafter accrue to me against race organizers, all race sponsors, Mount Marty College, City of Yankton, County of Yankton, State of South Dakota, race directors or any official while traveling to and from the event and participating, or its or their respective officers, agents, representatives, successors and/or assign for any or all injuries suffered by me in the event.

SIGNATURE: _____

DATE: _____

Photo Release: I hereby authorize Mount Marty College to use, reproduce, and/or publish photographs that may pertain to me without compensation. I understand that this material may be used in various media endeavors including Mount Marty College's website. This authorization is continuous and may only be withdrawn by my specific rescission of this authorization.

SIGNATURE: _____

DATE: _____