

## Allergy Testing Information & Medications that Interfere with Allergy Skin Testing

There are two forms of allergy testing: skin and blood. The following medications are known to decrease the effectiveness of allergy skin testing and may not be taken for **7 DAYS** prior to testing. You can still do testing safely, but results may not be as accurate as they could be. **Do not go off of medications unless approved by your prescribing physician.** If you are on a Beta Blocker, you cannot have skin testing. However, you can do blood testing. Please contact our office as soon as possible with any questions or concerns.

### Blood Pressure Medications/Beta Blockers

AK-Beta (Levobunolol)	Inderide LA (Propranolol)	Tenormin I.V. Inj. & Tablets (Atenolol)
Betagan (Levobunolol)	Kerlone (Betaxolol)	Timolide Tablets (Timolol maleate)
Betapace tablets (Sotalol)	Lopressor HCT (Metoprolol)	Timoptic (Timolol maleate)
Betimol (Timolol)	Normodyne (Labetalol)	Toprol-XL (Metoprolol)
Betoptic (Betaxolol)	Ocumeter (Timolol)	Trandate (Labetalol)
Blocarden (Timolol maleate)	Ocupress (Carteolol)	Visken (Pindolol)
Brevibloc Injection (Esmolol)	Penbutolol (Levatol)	Zebeta Tablets (Bisoprolol)
Coreg (Carvedilol)	Sectral Capsules (Acebutolol)	Ziac (Bisoprolol)
Corgard (Nadolol)	Sorine (Sotalol)	
Inderal Injectable & LA (Propranolol)	Tenoretic 50 & 100 (Atenolol)	

### Muscle Relaxers

Baclofen (Lioresal)	Dantrolene (Dantrium)	Tramaden
Carisoprodol (Soma)	Diazepam (Valium)	Toradol (Ketorolac)
Chlorzoxazone (Parafon Forte)	Metaxalone (Skelaxin)	Zanaflex (Tizanidine)
Cyclobenzaprine (Flexeril)	Methocarbamol (Robaxin)	

### Anti-psychotic:

Seroquel 20-50mg
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Tricyclic Antidepressants

Adapin (Doxepin)	Etrafon (Amitriptyline)	Surmontil (Trimipramine)
Anaframil (Clomipramine)	Limbitrol (Amitriptyline)	Tofranil (Imipramine)
Asendin (Amoxapine)	Norpramin (Desipramine)	Trytanol (Amitriptyline)
Aventyl Hydrochloride (Nortriptyline)	Moxadil (Amoxapine)	Vanatrip (Amitriptyline)
Deprenil (Imipramine)	Pamelor (Nortriptyline)	Vivactil (Protriptyline)
Elavil (Amitriptyline)	Sensoval (Nortriptyline)	Zonalon (Doxepin)
Endep (Amitriptyline)	Sinequan (Doxepin)	

Tranquilizers/Sedatives

Alprazolam	Haldol	Thorazine
Ativan	Klonopin (Clonazepam)	Valium
Compazine	Lorazepam	Xanax
Diazepam	Midazolam	Zaleplon (Sonata)
Etrafon	Prolixin	Zopiclone (Imovane, Zimovane)
Flunitrazepam		

The following medications also interfere greatly with allergy skin testing. **Please verify that any medications, vitamins, or supplements you are taking are not on the following list.**

Oral Antihistamine/Allergy Medications (DO NOT TAKE FOR **7 DAYS** BEFORE TEST)

Allegra (fexofenadine)	Antivert (meclizine)	Benadryl (diphenhydramine)	Claritin (loratadine)	Clarinet (desloratidine)
Dramamine	Xyzal	Palgic (carbonoxamine)	Zyrtec (cetirizine)	

*You may continue to use Singulair and oral decongestants without anti-histamines (Sudafed & Mucinex)*

Nasal Antihistamines/Allergy Medications (DO NOT TAKE FOR **7 DAYS** BEFORE TEST)

Patanase (Olopatadine)	Astepro	Dymista	Astelin (Azelastine)
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*You may continue to use nasal steroid sprays (Flonase, Nasonex, Nasocort, Nasalcrom, & Rhinocort)*

Sleep Aids (DO NOT TAKE FOR **5 DAYS** BEFORE TEST)

Tylenol PM	Advil PM	Unisom	Sominex	Compoz Nighttime Sleep Aid
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Topical anti-inflammatory gels, creams, and ointments (DO NOT USE **MORNING OF TEST**)

Paraphernalia (DO NOT USE FOR **7 DAYS** BEFORE TEST)

Marijuana
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Food & Vitamins (DO NOT TAKE FOR **5 DAYS** BEFORE TEST)

Vitamin C at doses greater than 240mg/day. DO NOT EAT ANY MELONS OR CITRUS FOR <b>2 DAYS</b> BEFORE TEST.
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Supplements (DO NOT TAKE FOR **7 DAYS** BEFORE TEST)

Licorice	Green Tea	Saw Palmetto	St. John's Wort
Astragalus	Feverfew	Milk Thistle	

Stomach Ulcer/Acid Reflux Medications (DO NOT TAKE FOR **48 HOURS** BEFORE TEST)

Axid	Pepcid AC (Famotidine)	Zantac (Ranitidine)	Tagamet
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*Stomach Ulcer/Acid Reflux Medications you may continue: Dexilant, Prilosec, Prevacid, Nexium, Aciphex*

Eye Drops (DO NOT USE FOR **3 DAYS** BEFORE TEST)

Alcaftadien (Lastacaft)	Azelastine (Optivar)	Bepotastine (Bepreve)	Emeclastine (Emadine)
Epinastine (Elestat)	Ketotifen (Alaway, Zaditor, Claritin Eye, etc.)	Olopatadine (Pataday, Patanol, Pazeo)	Pheniramine (Opcon-A, Naphcon-A, Visine-A)

*Eye drops that you may continue: Regular Visine, Artificial Tears, Steroid drops (Alrex, Lotemax, Pred-Forte), Lubricating drops (Systane), and Cyclosporine (Restasis).*

**\*\*If you are currently using eye drops for glaucoma, please make sure they are not a Beta Blocker.\*\***

- If you are unable to have skin testing due to your medications, please call your insurance company to verify coverage of the following CPT code for allergy blood testing:
  - **86003:** Allergen specific IgE; each allergen (Blood Test) (Price per antigen. Full Panel = 38 antigens)
- Skin testing may take from 1 ½ - 2 hours.
- Patients under the age of **18** must be accompanied by a parent or guardian for testing.
- Wear clothing that will allow exposure of your upper arms and upper back (Tank top or T-shirt).
- Male patients with thick hair on their backs must shave the upper back prior to the appointment.
- Patients with longer hair may want to bring something to pull their hair up to keep it from touching their upper backs.
- We offer sublingual (under the tongue) immunotherapy drops, but do not offer allergy injections. Currently insurance companies do not cover sublingual immunotherapy. Patients must pay out of

pocket for treatment.

- Please call with any questions (303) 558-8808.