

**SILVER & FIT PROGRAM IS NOW AVAILABLE WITH
\$0 OUT OF POCKET!!!!!!
THE ONLY REQUIREMENT IS TO BE A MEMBER OF
SILVER & FIT
THIS IS NEW AS OF 1/1/14
THE SILVER SNEAKERS PROGRAM IS ALSO STILL
AVAILABLE**



**JOIN IN GROUPS AND SAVE \$\$\$\$
Pay less per month when you join with
friends**

**Single = \$35 Two = \$30 Three =
\$25**

The
EXERCISE PLACE

Where Your Health & Fitness Is Our Goal.

The Exercise Place Money-Saver

Call and sign up now! Easy Payment Plan
With NO contract

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\$35 EFT single membership
\$55 EFT couple membership
\$65 EFT family membership

This will be auto-payment on the first of
each month

Services Available

- Targeted planning for specific goals, including weight-loss, strength, and cardiovascular improvements
- Assistance in the selection of exercises
- Goal setting
- Workplace reimbursements and insurance reimbursements (see Tim for more information)

THE EXERCISE PLACE RATES

Contracts listed here are for prepaid rates; EFT is available upon request

Contract Type	3 Month Prepay	6 Month Prepay	1 Year Prepay
Single	\$40.00/month	\$35.00/month	\$30.00/month
Couple	\$60.00/month	\$55.00/month	\$50.00/month
Family	\$70.00/month	\$65.00/month	\$60.00/month