

April 2019

RESOURCE LIST

CAREGIVERS

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Challenges for the Caregiver

Food

1. Western Eagle Foundation, 28075 Diaz Road, Temecula, CA. 92590, (951)695-7206, \$25.00 for food for a family of four for one week. Monday– Friday, 9:00 am. – 5:00 pm., Saturday-Sunday, 9:00 am. – 4:00 pm.

2. Helping Our People in Elsinore (HOPE) Food Bank and Clothes, 506 W. Minthorn Lake Elsinore, CA. 92532, (951)245-7510. Accepts referrals from DPSS, SNAP, SAFER, and churches. Areas covered: Lake Elsinore, Lakeland Village, Wildomar, West Perris, Canyon Lake and Quail Valley.
 - Tuesday, Wednesday and Thursday 9:00 am. – Noon.

3. Hemet Valley Community Pantry, 191 Columbia Street, Hemet, CA. 92543, (951)929-1101. Multi-agency services. Monday-Thursday 9:00 am. – 11:30 am.
 - Mail address P. O. Box 763, Hemet, CA. 92546.

4. Menifee Valley Community Cupboard, 26808 Cherry Hills Blvd. Sun City, CA. 92586, (951)301-4414. Food and Clothing from Thrift Store. Monday – Friday. 10:00 am. – 2:00 pm.

5. Community Mission of Hope, 41680 Enterprise Circle South Unit C, Temecula, CA. 92590, (951)444-1404. Food and Counseling to those in need within the local region. Monday, Wednesday, Friday, 10:00 am. - 1:00 pm.

6. Calvary Chapel, 24225 Monroe Avenue, Murrieta, CA. 92562, (951)677-5667. Food distribution: Wednesday 4:30 pm. – 6:30 pm.

7. St. Martha’s Community Food Pantry of Murrieta, 38444 Sky Canyon Dr. Murrieta, CA, 92563, (951)677-6347. Distributes food Wednesday and Thursday. 7:00 am. – 10:30 am.

8. Mountain View Church, 33122 Grape Street, Wildomar, CA. 92595, (951)674-6372.

Food distribution is every 1st and 3rd Friday, 10:00 am. – 11:30 am.

9. National School Lunch Program - low cost or free lunches. Applications are available at school upon request.

10. University of California Nutritional Resources, 21150 Box Springs Road Suite 202, Moreno Valley, CA. 92557, (951)683-6491.

11. Women Infant and Children (WIC) (800)455-4942 Supplementary food program for pregnant and breastfeeding women, infants and children up to age 4. Income determination.

Challenges for the Caregiver

Clothes

1. Operation School Bell – Assistance League of Temecula Valley, 29720 Via Montezuma, Temecula, CA. 92590, (951)694-8018.

- Accepts referrals from Temecula, Murrieta, Menifee and Lake Elsinore Schools Through the nurse health clerks,
- Provides vouchers for needy children to go shopping.
- Back packs or duffle bags with personal hygiene items
- Head start, State pre-school and Special education or Preschool.

2. Salvation Army, 40270 Los Alamos Road. Murrieta, CA. 92562, (951)677-1324.

- Accepts referrals.
- Provides vouchers for needy children to go shopping for clothes.

3. Hope's Community Closet, 26111 Ynez Road, Suite #B25, Temecula, CA. 92590. Helps qualifying low income families that live in Murrieta and Temecula, (951)719-3439.

- Provides gently used and new clothing, shoes, and back packs at no cost to families in need.

4. St. Martha's Second-Hand Treasures Thrift Store, 39793 Avenida Acacias, Murrieta, CA. 92563, (951)677-0078. Tuesday – Saturday, 10:00 am. – 5:00 pm.

5. St. Thomas Thrift Shop, 39825 Alta Murrieta Dr., Murrieta, CA. 92563, (951)600-0043.

6. Angel View, Inc., 22812 Palomar Street, Wildomar, CA. 92595, (951)678-5263.

-Thrift / Boutique Store

7. Operation Prom Girl, Wildomar, CA. 92595, (562)922-1713.

-Provides prom dresses and accessories for girls.

Challenges for the Caregiver

Housing

1. Lutheran Social Services, 32772 Taft Avenue, Riverside, CA. 92501, (951)689-7847.

- Rental assistance, housing referrals, food, clothing, utilities
- Genesis House

2. St. Vincent De Paul, at Saint Catherine Catholic Church, 418775 C. Street, Temecula, CA. 92590, (951)587-6752.

- Referrals for low cost housing, shelters for the homeless and abused
- Rental and mortgage assistance, emergency assistance

3. Valley Restart, P. O. Box 1715, 200 E. Menlo Avenue, Hemet, CA. 92543, (951)766-7476. Mon. – Fri. 9:00 am. – 5:00 pm.

- Family Shelter Program
- Rental Assistance

4. Path of Life (POL) Ministries, Family Emergency Shelter, 2530 Third Street, Riverside, CA. 92507, (951)275-8755, hotline (951)-275-8750.

30 – 90 days for families to focuses on re-housing and employment

5. Path of Life (POL), Transitional Housing Program, 23701 Meyer Drive, Riverside, CA. 92518, office # (951)786-9048.

12 - 24 months' transitional program to attain independent living

6. Project Touch, 30141 Antelope Road, D-103, Menifee, CA. 92584, (951)677-9661.

- Referrals

7. Community Mission of Hope (See page 1 for contact information).

8. Housing Authority of Riverside County, 5555 Arlington Avenue, Riverside, CA. 92504, (951)351-0700. Affordable housing for families, elderly, and handicapped. Monday - Friday, 8:00 am. – 5:00 pm.

9. Homeless Programs organizes and delivers social services and housing options to move homeless people to stable housing and maximum sufficiency.
<http://dpss.co.riverside.ca.us/homeless-programs>

Financial Hardships

1. Cal-WORKS- Dept. of Social Services (951)358-3400.
California Work Opportunities and Responsibilities for Kids - provides temporary financial assistance for eligible needy families who have had a reduction in their income.
2. CaL-Fresh- Dept. of Social Services (951)358-3400.
Supplemental Nutrition Assistance Program (SNAP) electronic transfer benefits card with pin to buy food from the grocery store for eligible families.
3. Medi-Cal Dept. of Social Services (951)358-3400. No or low-cost health care for California residents for eligible children and families. Customer Call Center (877)410-8827.
4. Riverside County Department of Public Social Services, Family Resource Center, (951)358-3000, improving and strengthening families and children who are overburdened and disadvantaged through parenting skills, self- sufficiency, information and referral services, education and literacy, and life skills.
5. Riverside County Department of Public Social Services, Child Care Services.
(951)358-3000, provides child care payments for child care expenses to a variety of eligible families.
6. Riverside County Greater Avenues for Independence (GAIN) program.
(951)358-3000, services to transition participants from welfare dependency to self-sufficiency and employment.
7. California Relative Caregiver Family Option Program for foster youth placed with relative foster parents. <http://stepupforkin.org/category/kin-caregivers/>
8. Catholic Charities, 7209 Arlington Avenue, Suite C. Riverside, CA. 92503, (951)689-1803.
Offers free assistance to apply for medical health insurance, Healthy Kids, and Med-Cal insurance applications. Also assists with Cal-Fresh (Food stamps) applications.

Support Groups/Service Providers

1. County of Riverside Department of Public Social Services Child Protective Services, 23119 Cottonwood Avenue, Bldg. B. 2nd fl. Moreno Valley, CA. 92553. (951)413-5471, 24-hour hotline: (800)442-4918.

2. Riverside County Office on Aging - Grandparents Raising Grandchildren (GRG) and relative caregivers, administrative office, 6296 River Crest Drive Suite K, Riverside, CA. 92507, (951)867-3800.

-Individualized Support - Advocate for families facing complex issues.

-Support Groups – for grandparents to know they are not alone, share information and resources, special workshops to learn new skills, receive peer support, emotional and practical community services.

3. Network of Care for Riverside County. www.riverside.networkofcare.org

4. Kin Care – for children who have been displaced from their natural parents. Hemet Service Center, 749 N. State Street, Hemet, CA. 92543, (951)791-3594 or Warmline: (800)303-0001.

5. Family Justice Center of Riverside County, 30045 Technology Dr. Suite #101, Murrieta, CA. 92563, (951)304-5680. Monday - Friday 9:00 am.–5:00 pm.

-Ensuring Safety- emergency shelter, housing, food and gas.

-Protecting Families- providing counseling for children and families.

-Seeking Justice- Guidance information, and support.

6. Family Justice Center of Riverside, 3900 Orange Street, Riverside, CA. 92501,
(951)955-6100.
 - Same as above

7. Family Justice Center of Southwest, 8265 Highway 111 1st floor Indio, CA.
92201, (760)863-8363.
 - Same as above

8. Beyond the Walls: A Guide to Services for Families affected by incarceration.
dshs.wa.gov/kinshipcare/publication.shtml

9. SAFER Program, Lake Elsinore Unified School District, Student Services, 545
Chaney Street, Lake Elsinore, CA. 92530, (951)253-7000.
 - Supports student needs that affect attendance, behavior, academic success or enrolled in
the Special Education Program.
 - Social Service Resource Specialist, (951)253-7000 ext. 5386
 - Social Service Resource Coordinator, (951)253-7000 ext. 5247.

10. Temecula Murrieta Unified School District, Interagency Council Collaborative held at the Assistance League of Temecula Valley, 28720 Via Montezuma, Temecula, CA. 92590.

- Coordinator, Family Programs, Temecula Valley U.S.D. (951)506-7989.
- Coordinator, Student Support, Murrieta Valley U.S.D. (951)677-0568.

11. National Committee of Grandparents for Children's Rights (NCGCR), a strong, effective, independent voice for all the children of America. childrensdefense.org/policy-priorities/advocate-family-resources/child-advocacy-groups/resources/national-committee-of.html

12. Safe Alternatives for Everyone (SAFE), Temecula Community Center, 28910 Pujol Street, Temecula, CA. 92590, (951)587-3900. Case management, teen connection, anger management, in home services, basic needs assistance and Police Athletic League (PAL).

- PAL offers youth violence prevention and intervention programs.
- SAFE accepts year-round sign-ups for the Temecula/Murrieta PAL. The annual membership is \$30.00 which includes a T-shirt. Fees are negotiable and no one is turned away for inability to pay. www.safefamiliesca.org/police-activities-league/

13. Grand Voices for Children of America – National, State and local, generations united improving the lives of children, youth and older people through intergenerational strategies, programs and policies.

<http://gu.org/LinkClick.aspx?fileticket=BFpE8dIIIDg%3d&tabid=157&mid=606>

14. Children and Family Services, 520 Chaney Street. (Bldg. 300), Lake Elsinore, CA. 92530, (951)253-7090.

- Preschool enrollment, parent participation classes, and special needs.

15. Family Resource Center Department of Social Services, 2055 N. Perris Blvd. Suite C-2, Perris, CA. 92570, (951)443-1158.

- Parenting skills, education and literacy, self-sufficiency, life skills, community action, child abuse prevention, resource development and referral services.

16. Parent Resource Center - Open Doors, 24300 Las Brisas Road North, Room 3, Murrieta, CA. 92562, (951)358-3622.

- Meets 2nd Wednesday of each month 3:30 pm – 5:30 pm.
- Community support group for families and caregivers raising children with mental, emotional and or behavior problems.

17. Parent Resource Banning Clinic, 1330 West Ramsey Street, Suite 100, Banning, CA. 92220, (951)849-7142.

18. The Center for Life Change: New Possibilities, Parent Support Group, 43397 Business Park Drive D6, Temecula, CA. 92590, (951)775-4000.

- For children suffering with substance dependency
- Parents support group, counseling and coaching

19. Community Action Partnership of Riverside County, Anti-Poverty Agency
Community Action Partnership of Riverside County, 2038 Iowa Avenue, Suite B-102, Riverside, CA. 92501, (951)955-4900.

- Utility Assistance Program,
- Weatherization Program
- Energy Crises Response
- Assists families in poverty to create life changes that lead to self-sufficiency

20. Temecula Valley People Helping People (TVPHP), 24396 Kentucky Derby, Murrieta, CA. 92562, (951)757-5212.

- Resource Services Information for Riverside County

21. Community Outreach Ministry, 23905 Clinton Keith Road Suite 114 #116, Wildomar, CA. 92595, (951)698-7650.

- Offers referral services for needy families

22. National Resource Center on Children and Families of the Incarcerated, 405-7 Cooper Street Room 103, Camden, New Jersey 08102, (856)225-2718.

Counseling

1. Victor Community Support Services, 265 San Jacinto River Road, Suite 107, Lake Elsinore, CA. 92530, (951)674-9243, for individuals and families, 0-21 years of age.
 - Individual and family therapy, parenting support, clinical assessment and medication support services.
 - Eligibility: Children under 21 years old with full- scope of Medi-Cal benefits

Children's Treatment Services

2. Riverside Children's Treatment Services, 3125 Myers St., Riverside, CA. 92503, (951)358-4840.
3. Temecula Mental Health Clinic, 41002 County Center Drive Suite 320, Temecula, CA. 92591, (951)600-6355.
4. Perris Mental Health Clinic, 1688 N. Perris Blvd. Suite L7 – L11, Perris, CA. 92571, (951)443-2200.
5. Moreno Valley Children's Interagency Program, 23119 Cottonwood, Moreno Valley, CA. 92555, (951)413-5678.
6. Corona Children's Treatment Center, 1195 Magnolia Avenue, Corona, CA. 92879, (951)273-0608.
7. Lake Elsinore Children's Mental Health Clinic, 31946 Mission Trail Suite B, Lake Elsinore, CA. 92530, (951)245-7663.
8. Mt. San Jacinto Children's Health, 950 Ramona Blvd. Suite 1 and 2, San Jacinto, CA. 92582, (951)487-2674.
9. Indio Mental Health Clinic, 47-825 Oasis Street, Indio, CA. (760)863-8455.

10. Loma Linda University, Mental Health and Chemical Dependency, 28078 Baxter Road, Suite 230, Murrieta, CA. 92563, (951)290-6532 ext. 5632.

11. Ok2talk.org for teen and young adults struggling with mental health problems. (800)-273-TALK.

- Suicide and emotional distress.

12. American Foundation, (800)273-8255.

- Suicide Prevention, for those contemplating suicides.

13. Riverside County Department of Public Health, Program Coordinator (951)358-7171.

- Teen Suicide Prevention and injury prevention services

14. Alternatives to Domestic Violence - Provides crisis intervention, counseling, on-going victim support and referrals, P. O. Box 910, Riverside, CA. 92502, (951)320-1381, 24-hour crisis line (951)683-0829.

15. Alcoholics Anonymous, 897 Via Lata Suite A, Colton, CA. 92324, (909)825-4700.

16. Mt. View Church, 33122 Grape Street, Wildomar, CA. 92595, (951)674-6372.

- Alcoholics Anonymous, Monday- Saturday 7:00 am daily,
- Friday 7:00 pm, and -Sunday 7:00 pm.

17. MFI Recovery, 25186 Hancock Avenue Suite100, Murrieta, CA. 92562, (951)698-8558. Call for offices across Riverside County.
- Substance Abuse, relationship issues, grief, and conflict.
 - Mental and psychiatry therapy and medication, and parenting classes
18. Positive Solutions, 41120 Elm Street Suite H-109, Murrieta, CA. 92562, (951)796-4178.
- Creating Safer Communities, through impacting youth and adults with collaboration of the court system probation, CPS, Law Enforcement and School.
 - Anger Management.
19. Teen Challenge, 5445 Chicago, Avenue, Riverside, CA. 92517, (951)682-8990.
- Anti-drug for all ages, paid by local churches and private donations.
20. Family Service Association (FSA), 21250 Box Springs Road, Moreno Valley, CA. 92553, (951)686-3706.
- Counseling, child care and meals for seniors.
21. Inland Counties Legal Services, 1737 Atlanta Avenue Suite H-2, Riverside, CA. 92507, (951)368-2555.
- Free low-cost legal assistance for the Inland Empire.
22. National Alliance on Mental Illness, 3839 Brockton Avenue, Riverside, CA. 92501 (951)345-1193.
- Dedicated to improving the lives of individuals and families affected by mental illness.