



## September 2020 Class Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>August 31</b> HIIT 5:30PM Stephanie	<b>1</b> Zumba 5:30PM Teri Yoga 6:30PM Denise	<b>2</b> *Tai Chi 5:30PM Denise	<b>3</b> HIIT 5:30PM Stephanie Yoga 6:30PM Denise	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b> <b>Labor Day</b> <b>No Class</b>	<b>8</b> Zumba 5:30PM Teri Yoga 6:30PM Denise	<b>9</b> Zumba 5:30PM Vickie	<b>10</b> HIIT 5:30PM Stephanie Yoga 6:30PM Denise	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b> HIIT 5:30PM Stephanie	<b>15</b> Zumba 5:30PM Teri Yoga 6:30PM Denise	<b>16</b> Zumba 5:30PM Vickie	<b>17</b> HIIT 5:30PM Stephanie Yoga 6:30PM Denise	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b> HIIT 5:30PM Stephanie	<b>22</b> Zumba 5:30PM Teri Yoga 6:30PM Denise	<b>23</b> Zumba 5:30PM Vickie	<b>24</b> HIIT 5:30PM Stephanie Yoga 6:30PM Denise	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b> HIIT 5:30PM Stephanie	<b>29</b> Zumba 5:30PM Teri Yoga 6:30PM Denise	<b>30</b> Zumba 5:30PM Vickie	*Tai Chi instead of Zumba		