



February 2020 Class Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 HIIT 5:30PM (Stephanie)	4 Zumba Toning 5:30PM (Teri) Yoga 6:30PM (Denise)	5 Zumba Dance 5:30PM (Vickie)	6 HIIT Circuits 5:30PM (Stephanie) Gentle Yoga 6:30PM (Denise)	7 Morning Gentle Yoga 9AM (Denise)	8
9	10 HIIT 5:30PM (Stephanie)	11 Zumba Toning 5:30PM (Teri) Yoga 6:30PM (Denise)	12 Zumba Dance 5:30PM (Vickie)	13 HIIT Circuits 5:30PM (Stephanie) Gentle Yoga 6:30PM (Denise)	14 Morning Gentle Yoga 9AM (Denise)	15
16	17 HIIT 5:30PM (Stephanie)	18 Zumba Toning 5:30PM (Teri) Yoga 6:30PM (Denise)	19 Zumba Dance 5:30PM (Vickie)	20 HIIT Circuits 5:30PM (Stephanie) Gentle Yoga 6:30PM (Denise)	21 Morning Gentle Yoga 9AM (Denise)	22
23	24 HIIT 5:30PM (Stephanie)	25 Zumba Toning 5:30PM (Teri) Yoga 6:30PM (Denise)	26 Zumba Dance 5:30PM (Vickie)	27 HIIT Circuits 5:30PM (Stephanie) Gentle Yoga 6:30PM (Denise)	28 Morning Gentle Yoga 9AM (Denise)	29