



Hospice Society Of Camrose and District

2019-2020 Annual Report



Helping People, Changing Lives



www.camrosehospice.org ✉ camrosehospice@gmail.com



Hospice Society
OF CAMROSE AND DISTRICT

Our Vision

Compassionate Community

Our Mission

To enable our community to support those facing advancing illness, death and bereavement through education that builds capacity for compassionate, holistic care. To provide programs and services that help people experience dignity through end of life journeys.

Our Values

- Comfort
- Dignity
- Companionship
- Hospitality
- Refuge
- Restoration
- Compassion
- Nurture
- Support
- Integrity
- Commitment



This Is Hospice

Peace Hills Hospice Society

In the fall of 2019, a group of freshly trained Wetaskiwin-area volunteers expressed interest in the idea of a new hospice society to serve the Wetaskiwin region. Joy and Bill facilitated the first meeting in November, which was followed up with the inaugural planning meeting at the end of January 2020. At this gathering a board was elected, a volunteer Executive Director was appointed, and society bylaws were passed.



A few months later the world changed as Covid became a reality. Nonetheless, PHHS pressed on and received notice from the Province on May 12th that they had official society status. The next step was applying to the CRA for charitable status. At the time of this writing they continue to wait on confirmation from CRA.

Jessica Johnson is PHHS's extraordinary E.D. She volunteers countless hours each week as she works with her fiancé, Chris Kirwan (also the board chair). Together they endeavor to grow the programs that will provide support to the palliative care and grief needs of the PHHS communities.

Camrose Hospice is pleased to provide support and mentorship to PHHS as they get their feet under them. Joy and Bill work closely with Jessica and her volunteer team. Check out PHHS at their new website, www.peacehills.org.

HSCD 2020 Program Year

175 people accessed chronic illness and palliative supports, not including dozens of visits supporting residents of Bethany and Saint Mary's Hospital.

400 one-on-one grief consultations

100 people at presentations

26 = number of times children or youth have accessed grief supports

14 = grievors with volunteer companions

2019-2020 Board of Directors

Executive:

Pamela Cumber - President, Janelle Wallace - Vice-president

Bryan Lynka - Treasurer, Selina Read - Secretary

Directors:

Susanne Nickel, Kevin Sharp, Tim Vant

Past President: Stacey Strilchuck (2015-2018)



Care by the Numbers - 2019



Hospice programs were accessed 4600 times by more than 1560 individuals



650 individuals attended educational programs



Grief supports were utilized 900 times



12 programs connected volunteers with individuals and families in need



More than 2900 volunteer hours donated

A Message from Our Board President

I am sitting down to write this message on Thanksgiving weekend and I am overwhelmed by gratitude as I reflect on the past year. Our personal, professional and volunteer lives have changed dramatically since mid-March shut down. Bill and Joy moved their offices home; Joy kept in touch with volunteers and shut-ins via phone and Bill was able to support those who are suffering and grieving via phone, facetime and ZOOM. For that we are all grateful. During this time, hospice was relieved of rent responsibilities by the City of Camrose and for that we are grateful. The board of the HSCD continued to meet monthly via ZOOM addressing the business of hospice. As spring moved into summer, hospice was fortunate to be the recipients of grants from the Thrift Shop, the Camrose Legion and the Battle River Community Foundation. Some of these grants were developed specifically for non-profit organizations experiencing loss of income, other grants were donations from the thoughtful business and groups in our community. We were fortunate to benefit from the federal wage subsidy program also. Although our income has decreased substantially this year, we are very grateful for the financial assistance we have received.

This fall sees our programs slowly starting to re-open as we follow the Covid precautions set out by our medical officer of health. Bill has resumed face to face consultations in his office, Joy is beginning to receive more requests for volunteer support. Bill and Joy have developed online volunteer training modules which are presently in use and a training session has been arranged. By the end of this year, all former programming should be underway. Many participants are grateful for this.

The board is happy to report that we have been in discussion with Mike Leathwood, CEO of the Bethany Group, in regards to development of hospice beds in the plans of redevelopment of the former Stoney Creek Lodge site. Our request has gone to the provincial government planning committee and they are aware and supportive of this request. Unfortunately, due to the pandemic, all the planning meetings have been on hold for the past 6 months. In spite of this, the board is feeling very hopeful and optimistic about this dream. We are feeling very grateful for the opportunity to partner with Bethany on this very exciting project.

I would be amiss if I did not take a moment to remember Murray Cowan, a long-time volunteer and mentor of hospice, who died this year. We are so grateful to have known Murray, to have worked alongside him and learnt from him.

Thank you all for your support of hospice this year and always, we are truly grateful.

We *Are* Hospice!!

Respectfully submitted,
Pam Cumber President of the HSCD

Your Story and Ours: Growing Roots Together



The Hospice Society of Camrose and District began as a dream shared by two friends, Beverly Drever and Treva Olson. For Treva, working in hospice care has been a long-held desire; for Beverly it was the loss of her father that initiated her keen interest. With encouragement in 2010 from a nurse who spoke about the many needs in the Camrose area, the dream soon became a whole-hearted journey.

Community support for hospice care was swift and strong; in 2011 a Hospice Society was formed. Charitable status soon followed, and plans were developed for a volunteer program that began in the Fall of 2012.

Nine years later, *your* partnership fuels the Hospice Society of Camrose & District in its work providing support to those with a life-limiting illness, support for their families, and for those who grieve a loss. From compassionate bedside care to grief support, our donors, staff, and trained volunteers endeavor to enhance quality of life. We *are* hospice!



2019 Volunteer Appreciation Evening

Celebrating Hospice Programs



Hospice Presentations (Contact the Program Coordinator at 780.608.0636 for more info) Book a staff member or volunteer to bring a hospice presentation to your organization. Ranging in length from 15-90 minutes, themes include: ■ History and Work of Hospice ■ Sorrow & the Journey of Navigating Personal & Professional Grief ■ Palliative Care – What is it and Who is it For? Call the office to book a speaker

Death Café (Contact the Volunteer Coordinator at 587.322.9269 for more info) Join the conversation at this drop-in, no-fee gathering where all things death and dying are open for discussion. All Death Cafés occur on the lower level of the Camrose Public Library. Please note, this is not a grief therapy or support group; it is a conversation forum.

Nav-CARE (Contact the Volunteer Coordinator at 587.322.9269 for more info) Nav-CARE stands for "Navigating, Connecting, Accessing, Resourcing, and Engaging" Navigation services provide support, education and connection to resources in the community to help individuals improve their quality of life and remain in their communities.

Cancer Support Group (Contact the volunteer facilitator, Margo at 780.608.7990 for more info) This group is for anyone who is a cancer survivor and is seeking support moving forward. Cancer survivor and group facilitator, Margo writes, "Together, we can help and support each other through sharing our questions, knowledge, and experiences." Meets the 3rd Wednesday of each month, 6:30-8 pm at the Hospice office at Mirror Lake Centre (park on south/lake side of the building)

End-of-life Care (Contact the Volunteer Coordinator at 587.322.9269 for more info) Trained volunteers are matched with individuals with a diagnosis of a life-limiting illness. Care Volunteers may help with daily tasks, listen to life stories, or simply sit in quiet companionship.

Threshold Singers (Contact the volunteer facilitators, Ron and Leah at 780.885.9947 more info) The Threshold singers of Camrose honour the ancient tradition of singing at the bedside for those in transition & on the threshold of life.. Our goal is to bring ease and comfort to those at the thresholds of living and dying. A calm and focused presence at the bedside, with gentle voices, simple songs, and sincere kindness, can be soothing and reassuring to clients, family, and caregivers alike. We practice twice a month, 1st and 3rd Wednesday evenings from 6-8pm in a private home in Camrose.

One-on-One Grief Support (Contact the Program Coordinator at 780.608.0636 for more info) Book time with Grief & Bereavement Coordinator for conversation about your grief journey. Phone 780-608-0636.

Grief-Companionship Program (Contact the Volunteer Coordinator at 587.322.9269 for more info) Grief companions are volunteers offering one-on-one grief support. Based on Dr. Alan Wolfelt's model of companionship the bereaved, companions are a compassionate, listening presence when you need a safe place to tell stories and shed tears.

Grief Support Groups (Contact the Program Coordinator at 780.608.0636 for more info) Interested participants will be contacted by a facilitator who will discuss the program content, answer your questions and discuss readiness for group grief work. **Groups do not run continuously; call for upcoming dates.** Groups include:

- Daytime Grief Group (for adults, any loss; runs weekday afternoons)
- Suicide Grief Group (for adults who have had loved-one die by suicide; runs weekday evenings)
- Parent Grief Group (for parents who have experienced the death of their child, any age of child; runs weekday evenings)
- Children/youth Grief Group (for children age 7-12 or 16+, run weekdays after school)

Men's Cooking Circle (Contact the Program Coordinator at 780.608.0636 for more info) Men's Cooking Circle is an opportunity to learn basic cooking skills, meet other men, cook and eat together, and to engage in conversation with men who are experiencing grief. This is a partnership program with Hospice, Alberta Health Services, the Open Door, and community facilitators. The program runs one evening per week for seven weeks, and includes a grocery store tour, nutritional information, cooking instruction, dining on the meals we prepare, and rich conversation on all things grief and mourning for men.

Grief-Support Walking Group (Contact the Program Coordinator at 780.608.0636 for more info) This drop-in group meets year-round, 52 weeks, on Wednesday mornings at 9:30 am. Spring, summer, and fall at the Hospice office for a leisurely walk around Mirror Lake, followed by coffee and conversation (*coffee compliments of the Camrose Primary Care Network*). Winter walking at the Camrose Recreation Center indoor walking track.

Bereavement & Grief Workshops (Contact the Program Coordinator at 780.608.0636 for more info) You Are Not Alone. This free workshop is for people who are coping with grief and loss, as well as for support people (i.e. friends, co-workers, family, and/or healthcare providers). Topics covered include: How to be a companion/grief helper to someone who has experienced a loss, types of loss, importance of integrating loss into our own lives first, unique grief journeys, complicated grief, accessing appropriate community resources.

Financial Statements

For the year ended December 31, 2019

Auditors' Statement:

We, the undersigned, have examined the source documents, ledgers and records of account for the fiscal period ended December 31, 2019.

We have found the financial statements to be an accurate reflection of the transactions of the Hospice Society of Camrose and District for this period.


Harry Gaede

Lawrence Rathnavalu



Revenue

Donations	
Individual donations - received	14,625.00
Individual - non-receipted	320.00
Individual memorial - receipted	6,767.38
Ind memorial - non-receipted	140.00
Total individual donations	21,852.38
Corporate Donations	1,400.00
Corporate Donations - unreceipted	9,322.00
Total Corporate Donations	10,722.00
Service Club Donations	7,568.22
Total Service Club Donations	7,568.22
Other donations	5,581.54
Total Donations	45,724.14
Other revenues	
Other Grants	9,500.00
Membership fees	135.00
Government Grants	60,000.00
Interest Income	527.78
Total other revenues	70,162.78
Fund raising revenue	
Hike for Hospice - Donations	7,064.00
Hike for Hospice - Other Revenue	417.00
Fashion Show Fundraiser - Tickets	11,950.00
Fashion Show Fundraiser - Deposits	2,000.00
Fashion Show Fundraiser - Event	6,787.00
Total Fund raising Revenue	28,218.00
Program revenues	
Child Grief Support - Registrations	300.00
Total Program revenues	300.00
Land & Building Fund Revenues	
Land & Building - Donations	2,400.00
Total Land & Building Fund Revenues	2,400.00
TOTAL REVENUE	146,804.92

Expense

Communications Expenses	
Advertising & Promotions	1,648.35
Total Communications Expenses	1,648.35
Fund Raising Costs	
Lights to Remember supplies	37.81
Fundraising supplies - other events	3,000.00
General Fundraising Expenses	1,075.00
Prize Expense	1,214.00
Fundraising expenses - event costs	4,510.51
Advertising expense - Fashion show	131.50
Total Fundraising Costs	9,968.82
Education Expenses	
Honoraria paid	5,000.00
Library resources	1,476.54
Total Education Expenses	6,476.54
Payroll Expenses	
Program Coordinator	68,888.56
Volunteer Coordinator contract	25,356.07
Total Payroll Expense	94,244.63
Program expenses	
Grief & Bereavement Expenses	1,376.75
Emergency Funding/Patient Care	1,742.99
Symposium costs	1,067.05
Volunteer appreciation	347.77
Travel - Programming	461.89
General Program Supplies	391.49
Men's Cooking Class Supplies	157.62
Total Program Expenses	5,545.56

Expense Continued

Administrative Expenses	
Insurance	2,281.00
Board training and other expenses	98.50
Business Fees & Licenses	369.31
Courier & Postage	17.10
Office Supplies	3,867.51
Rent	2,525.45
Telephone & Utilities	2,835.78
Meals & Entertainment	340.93
Total Administrative Expenses	<u>12,335.58</u>
Bank and other charges	
Interest & Bank Charges	49.03
Total Bank and other charges	<u>49.03</u>
TOTAL EXPENSE	<u>130,268.51</u>
NET INCOME	<u>16,536.41</u>



Balance Sheet

ASSET

Current Assets

Land & Building Account	7,550.00	
Cash to be deposited	2,660.00	
Credit Union equity	1,199.37	
Chequing Bank Account	86,548.77	
Investment - GIC	102,980.85	
Total Cash		<u>200,938.99</u>
GST Paid on Purchases	7,072.01	
Total Receivable		<u>7,072.01</u>
Total Current Assets		<u>208,011.00</u>

Capital Assets

Computer Equipment	657.18	
Computer equipment	631.25	
Net - Computer equipment		<u>1,288.43</u>
Equipment and Furnishings		<u>1,300.00</u>
Total Capital Assets		<u>2,588.43</u>

TOTAL ASSET

210,599.43

LIABILITY

Current Liabilities

Accounts Payable	8,947.34
Total Current Liabilities	<u>8,947.34</u>

TOTAL LIABILITY

8,947.34

EQUITY

Net Assets

Net Assets - prior year	185,115.68
Current year surplus	16,536.41
Total Net Assets	<u>201,652.09</u>

TOTAL EQUITY

201,652.09

LIABILITIES AND EQUITY

210,599.43

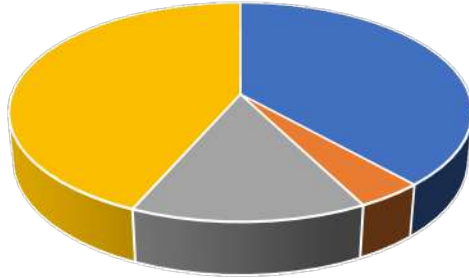


Our Community Supporters

Grants

Federal, provincial, municipal, and foundation grants make up 43% of our annual funding.

Funding Sources



Individual Donors

Hundreds of individuals and families contribute to the operations of Hospice. More than 38% of our 2019 budget was funded by private donations.

Fundraising Events

Two fundraisers were held in 2019. Events contribute 14% of our annual funding.

Organizations

Contributions from our corporate and community partners make up 4% of our annual funding.

Our operational income is rounded off by interest on investments which contributes 1% to annual funding.

Thank You to Our Corporate and Community Partners for their Generous Support and Collaboration:

- Alberta Health Services
- Battle River Community Foundation
- Camrose Open Door Association
- Camrose and Flagstaff Counties
- Windsor Plywood, Camrose
- Alberta Gov't, CIP Program
- Federal Gov't, New Horizons for Seniors
- Camrose & Wetaskiwin Primary Care Networks
- Covenant Health
- Safeway Sobeys
- Vision Credit Union
- Wetaskiwin Reginal Public Schools
- Battle River School Division
- Community Foundations of Canada

The Hospice Society of Camrose and District is a registered not-for-profit charity under the Alberta Society's Act, in accordance with the Canada Revenue Agency.
Business Number: 839859709RR0001

Keep in Touch!

www.camrosehospice.org

Program Coordinator

780.608.0636

program@camrosehospice.com

Volunteer Coordinator

587.322.9269

volunteer@camrosehospice.com



@camrosehospice



#Camrosehospice

Visit us at Camrose Mirror Lake Centre:

5415-49 Ave

Lower Level, South Side



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OF CAMROSE AND DISTRICT

