

Weekly Activities

Mondays	10 am Game Day
1st Monday	1 pm Kiel Senior Club Meeting/Sheepshead Tournament
	Monthly guest speaker
2nd Monday	1:30 pm Kiel Study Club
4th Monday	2:30 pm Parkinson Support Group
Every Monday	1 pm Parkinson Movement & Music Class (lower level)
1st Tuesday	1 pm Foot Clinic
Every Tuesday	9 am to Noon Sheepshead
	9 am, 10:30 am 6 pm Strong Women/Strong Bodes
	Noon to 4 pm Mahjong
Every Wednesday	9 am to Noon Canasta
	8:30 to Noon Wood Carvers
3rd Thursday	1 pm Sheepshead Tournament
5th Thursday	1 pm Sheepshead Tournament
Every Friday	9 am to Noon Sheepshead
3rd Friday	2:30 to 4:30 pm Food Pantry (Rays of Hope Building)