

# Preschool Daily Schedule

<b>7:00-8:15</b>	Arrival, washing hands, taking care of belongings, and indoor freeplay, table toys, choice of centers
<b>8:15-8:25</b>	Clean up, preparation for circle time, bathrooms
<b>8:25-8:30</b>	Circle time (morning greeting, songs/fingerplays/poems/, sharing news, storytelling, weather, calendar, overview of the day...), washing hands
<b>8:30-9:00</b>	Breakfast-family style
<b>9:00-9:45</b>	Washing hands, bathrooms, learning centers (literacy corner, writing center, art table, sensory bins, science table, books, alphabet activities, phonics, name writing, tracing, dramatic play, building blocks, manipulatives, puzzles, beading, math sorting, counting, pattern recognition, shapes), active & quiet play, arts & craft time (independently or teacher-led [painting, drawing, collages, PlayDoh/slime/clay, stamps, daubers, stickers, stencils, cutting]), small group time
<b>9:45-10:00</b>	Clean up time, prepare for outside time
<b>10:00-11:00</b>	Outdoor play/gross motor activities (running, climbing, balls, organized games that encourage teamwork & cooperation)
<b>11:00-11:15</b>	Transition to inside, washing hands, preparing for circle time
<b>11:15-11:30</b>	Circle time (reading stories, singing songs, show n' tell...), washing hands
<b>11:30-12:00</b>	Lunch-family style

<b>12:00-12:30</b>	Washing hands, quiet reading time, transition to rest time, bathrooms
<b>12:30-2:30</b>	Rest time
<b>2:30-2:45</b>	Wake up, quiet reading, table toys, transition to snack time-taking care of belongings
<b>2:45-3:00</b>	Washing hands, bathrooms
<b>3:00-3:30</b>	Snack time, bathrooms, washing hands
<b>3:30-4:30</b>	Outdoor play/gross motor activities or indoor movement
<b>4:30-5:00</b>	Afternoon activities (art, music, storytelling [reading aloud, puppet shows, interactive story sessions], sensory bins, free play)
<b>5:00-5:30</b>	Bathrooms, quiet play (table toys, puzzles, books), departure