

MARSHALL COUNTY SENIOR CITIZENS, INC.
WEEKLY CENTER ACTIVITIES

**ACTIVITY ROOMS, WALKING AREAS, AND POOL ROOM ARE OPEN
FROM 8:00 A.M. -4:00 P.M. MONDAY - FRIDAY**

NUTRITION CENTER: IF YOU ARE 60 OR OLDER, YOU ARE ELIGIBLE TO EAT LUNCH FOR \$1.50 AT OUR NUTRITION SITE. PLEASE SEE THE MANAGER OF THE NUTRITION SITE TO SIGN UP. MEALS ARE SERVED AT 11:30 MONDAY THROUGH FRIDAY. MENUS ARE AVAILABLE. **HOME DELIVERY:** TO APPLY FOR HOME DELIVERED MEALS CALL 1-866-836-6678. **Phone: (931) 359-6452.**

MONDAY 8:00 Art Class
9:00 – 11:30 Rook
1:00 CHINA PAINTING
2:00 Needlework Club

TUESDAY 10:00 **AEROBICS (AT RECREATION CENTER)**

WEDNESDAY 10:00 **Book Club in Card Room (3rd Wednesday of each month)**
10:30 SEWING CIRCLE
12:00 Bible Study 2ND WENDESDAY IN CLASSROOM
12:30 BINGO ON 4TH & 5TH WEDNESDAY EACH MONTH

THURSDAY 10:00 **AEROBICS (AT RECREATION CENTER)**
10:30- 12:00 Legal Aide Rep. (2nd Thursday each month)

FRIDAY 9:00-11:30 ROOK
10:30 CERAMICS
11:30 POT LUCK ON 3RD FRIDAY (IN NUTRITION SITE)
1:00 **BRIDGE CLUB, EVERY FRIDAY IN CARD ROOM**

INDIVIDUAL COMPUTER ASSISTANCE AVAILABLE BY APPOINTMENT.