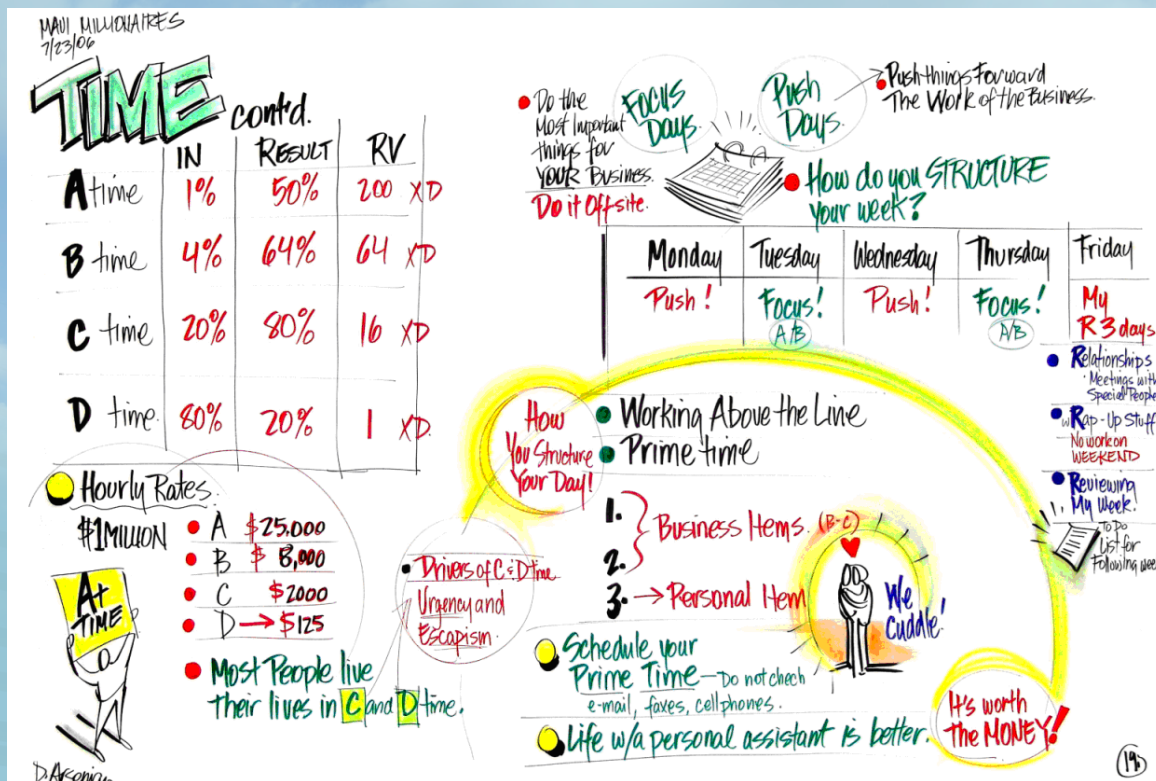


My Time Value Matrix™



My "A-Time" Activities

My "B-Time" Activities

My "D-Time" Activities - Strategy/Tactics to Delete, Delegate, Defer, or Design out.

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